

Samantha K. Myhre

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Education

Ph.D. Candidate in Psychological Clinical Science (Anticipated Graduation Date: May 2018)

North Dakota State University Graduate School, Fargo, ND

Dissertation Title: *The Effects of Reattribution Training and Behavioral Activation on Cognitive Vulnerabilities to Depression* Advisor: Paul Rokke, Ph.D.

College Teaching Certificate (August 2016)

North Dakota State University Graduate School, Fargo, ND

M.S. in Psychology (August 2015)

North Dakota State University Graduate School, Fargo, ND

Thesis Title: *False Memories in Depression: Vulnerability Factor or Symptom?* Advisor: Paul Rokke, Ph.D.

Certified Personal Trainer (March 2015)

National Exercise Trainers Association

B.A. in Psychology and Elementary Education (May 2012)

Jamestown College (now University of Jamestown), Jamestown, ND

Senior Thesis: *A Qualitative Investigation of Test Anxiety Treatments in a Small Sample: What Works?* Advisor: Mary K. Devitt, Ph.D.

Career Goals/Interests

To develop a solid grounding in research and seek out training using a range of empirically supported psychotherapies and assessments for child, adolescent, and adult-related disorders. Also, to seek training that will provide a balance in clinical research methodology, teaching and clinical activities for future career options.

Awards/Honors

Finalist Best Student Poster, 122nd Annual Convention of the American Psychological Association (August 2014)
Saxton, B. T., Siyaguna, T., **Myhre, S. K.**, & Rokke, P. D. *Selective attention more discriminating under negative affect than positive.*

College Fellow in Psychology, Jamestown College (2011-2012)

College Fellow in Elementary Education, Jamestown College (2011-2012)

Professional Organizations

American Psychological Association

Student Member (2013-present)

Association for Psychological Science

Student Member (2013-present)

Association for Cognitive and Behavioral Therapies

Student Member (2013-present)

Institutional Service and Volunteer Experience

Clinical Faculty Hiring Search Committee

Graduate Student Representative (2016-present)

American Foundation for Suicide Prevention – North Dakota Chapter

Out of the Darkness Walk volunteer (2015-present)

Student Misconduct Policy Committee – NDSU Psychology Department

Graduate Student Representative (2015)

Academic Experience

Lab Manager (August 2016-present)

North Dakota State University

Attention and Emotion Lab, Supervisor: Paul Rokke, Ph.D.

Graduate Instructor (August 2014-present)

North Dakota State University

Introduction to Clinical Psychology, Mentor: Keith Donohue, Ph.D.

Abnormal Psychology, Mentor: Kathryn Gordon, Ph.D.

Graduate Research Assistant (August 2012-present)

North Dakota State University

Attention and Emotion Lab, Supervisor: Paul Rokke, Ph.D.

Graduate Teaching Assistant (August 2012-present)

North Dakota State University

Introduction to Clinical Psychology, Supervisor: Paul Rokke, Ph.D.

History and Systems, Supervisor: James Council, Ph.D.

Introduction to Health Psychology, Supervisor: Clayton Hilmert, Ph.D.

Introduction to Behavior Modification, Supervisor: Jennifer Redlin, M.S.

Abnormal Psychology, Supervisor: Kathryn Gordon, Ph.D.

Neuroscience, Supervisor: Dustin Elliott, M.S.

Applied Research Methods, Supervisor: Keith Donohue, Ph.D.

Research Methods II, Supervisor: Dustin Elliott, M.S.

Psychological Testing and Assessment, Supervisor: Keith Donohue, Ph.D.

Clinical Experience

Neuropsychiatric Research Institute (July 2015-present)

Onsite supervisor: Jo Ellison, Ph.D., LP and Kathryn Gordon, Ph.D.

Primary duties: assess participants for clinical trials and other studies related to binge eating disorder, anorexia nervosa, bulimia nervosa, bariatric surgery and alcohol use using versions of the Eating Disorder Examination (EDE), the Alcohol Severity Index (ASI), the Yale-Brown-Cornell Eating Disorders Scale (YBC-EDS), and the Structured Clinical Interview for DSM Disorders (SCID-IV; SCID-5); participate in weekly and monthly assessment team meetings.

North Dakota State University Counseling Center (October 2015-May 2016)

Onsite supervisor: William Burns, Ph.D., LP

Primary duties: provide individual counseling to NDSU college students presenting with anxiety and/or depression, attend weekly individual supervision, and attend weekly case consultations.

Treatment modalities utilized: Self-Management Therapy for Depression (SMT) and Cognitive-Behavioral Therapy (CBT).

Solutions Behavioral Healthcare Professionals (August 2013-April 2015)

Onsite supervisor: Jan Witte-Bakken, Ph.D., LP and Heather Joyce, Psy.D., LPCC

Primary duties: clinical interviews, diagnostic assessments, progress notes, individual therapy, co-therapy, group therapy, psychological assessment administration, psychological assessment interpretation, integrated report writing, development of group therapies, training mental health practitioners for residential and community programs, crisis intervention, assisting in parental capacity evaluations and domestic violence evaluations.

Treatment modalities utilized: Cognitive-Behavior Therapy (CBT), Behavior Therapy (BT), Dialectical Behavior Therapy (DBT), Parent-Child Interaction Therapy (PCIT), Illness Management and Recovery (IMR), Incredible Years Parenting Program, Unified Protocol (UP), Motivational Interviewing (MI).

Supervision Experience

North Dakota State University (August 2016-present)

Supervisor: Kathryn Gordon, Ph.D.

Primary Duty: co-supervise group supervision for doctoral psychological clinical science students who are on practicum placements.

Publications

Siyaguna, T., **Myhre, S. K.**, Saxton, B. T., & Rokke, P.D. (under review). Mindfulness moderates the influence of rumination on depressive symptoms. Submitted for publication to *International Journal of Cognitive Therapy*.

Siyaguna, T., **Myhre, S. K.**, Saxton, B. T., & Rokke, P. D. (under review). Neuroticism and emotion regulation predict attention performance during positive affect. Submitted for publication to *Journal of Individual Differences*.

Saxton, B. T., **Myhre, S. K.**, Siyaguna, T., & Rokke, P. D. (under review). Do arousal and valence have separable influences on attention across time? Submitted for publication to *Attention, Perception, & Psychophysics*.

Crockett, A., **Myhre, S. K.**, & Rokke, P. D. (2015). Boredom proneness and emotion regulation predict emotional eating. *Journal of Health Psychology, 20*(5), 670-680.

Presentations

Myhre, S. K. (2015, November). *False memories in depression: Vulnerability factor or symptom?* Oral paper presentation at Department of Psychology Colloquium Series, North Dakota State University, Fargo, ND.

Myhre, S. K., Saxton, B. T., Siyaguna, T., Rokke, P. D., & Benjamin, M. (2015, November). *Trait mindfulness serves as protective factor against depressive symptoms*. Poster presented at 49th Annual Convention of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

Saxton, Brandon T., Siyaguna, T., **Myhre, S. K.**, & Rokke, P. D. (2015, November). *Anxiety and sadness: Differences in dual-attention RSVP performance*. Poster presented at 49th Annual Convention of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

Siyaguna, T., **Myhre, S. K.**, Saxton, B. T., & Rokke, P. D. (2015, November). *Mindfulness moderates the influence of rumination on depression*. Poster presented at 49th Annual Convention of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

Myhre, S. K., Crockett, A., & Rokke, P. D. (2014, August). *Boredom proneness and emotion regulation predict emotional eating behaviors*. Poster presented at 122nd Annual Convention of the American Psychological Association, Washington D.C.

Siyaguna, T., Saxton, B. T., **Myhre, S. K.**, & Rokke, P. D. (2014, August). *Sad emotion produces differential attention to emotion congruence targets*. Poster presented at 122nd Annual Convention of the American Psychological Association, Washington D.C.

Saxton, B. T., Siyaguna, T., **Myhre, S. K.**, & Rokke, P. D. (2014, August). *Selective attention more discriminating under negative affect than positive*. Poster presented at 122nd Annual Convention of the American Psychological Association, Washington D.C.

Myhre, S. K., Siyaguna, T., Murphy, J. W., Saxton, B. T., Goering, B. L., & Rokke, P. D. (2013, November). *Attentional control moderates influence of rumination on attention during negative affect*. Poster presented at 47th Annual Convention of the Association for Behavioral and Cognitive Therapies, Nashville, TN.

Saxton, B. T., Murphy, J. W., Siyaguna, T., **Myhre, S. K.**, Goering, B. L., & Rokke, P. D. (2013, November). *Arousal level within negative affect influences attention*. Poster presented at 47th Annual Convention of the Association for Behavioral and Cognitive Therapies, Nashville, TN.

Myhre, S. K., Murphy, J. W., Siyaguna, T., Saxton, B. T., & Rokke, P. D. (2013, May). *Individual differences, attentional control and the influence of arousal during positive affect*. Poster presented at 25th Annual Convention of the Association for Psychological Science, Washington, D.C.

Saxton, B. T., Siyaguna, T., Murphy, J. W., **Myhre, S. K.**, & Rokke, P. D. (2013, May). *Arousal level within positive affect influences the attentional blink*. Poster presented at 25th Annual Convention of the Association for Psychological Science, Washington, D.C.

Myhre, S. K. (2012, April). *Effects of journaling, relaxation, and study skills training on test anxiety*. Oral paper presented at 26th Annual Red River Psychology Conference, Minnesota State University Moorhead, Moorhead, Minnesota.

Myhre, S. K. (2011, March). *Employment and grades: Does working pay off?* Paper and poster presented at 25th Annual National Conference on Undergraduate Research, Ithaca College, Ithaca, New York.

Invited Talks

Myhre, S. K., & Saxton, B. T. (2015, September). *Save a friend: Help prevent suicide*. Presented at North Dakota State University for students and community.

Myhre, S. K., & Minnich, A. (2014, April). *Motivational interviewing*. Presented at Solutions Behavioral Healthcare Professionals for community services staff.

Myhre, S. K., & Kastning, C. (2014, February). *Motivational interviewing*. Presented at Solutions Behavioral Healthcare Professionals for community services staff.

Myhre, S. K. (2010, May). *Paid employments' effect on college students' academic progress and desired social life*. Talk given at Jamestown College's Annual Board of Trustees' Meeting.